



Hils Yeung

Accredited Practising Dietitian

Hils Yeung is an Accredited Practising Dietitian (APD) providing evidence-based nutrition care, supporting patients across Mildura, Red Cliffs and the wider Sunraysia region.

Hils completed a Master of Dietetics at Monash University and holds a Bachelor of Biomedical Science (Pharmacology) from the University of Melbourne. He has gained valuable experience working within GP-embedded multidisciplinary clinics throughout Melbourne and is passionate about helping people achieve better health through practical, individualised nutrition advice.

Working closely with GPs and other healthcare professionals, Hils develops personalised nutrition plans that are realistic, sustainable and tailored to each patient's health goals, lifestyle and cultural preferences.

Hils is committed to empowering patients with the knowledge and confidence to make lasting dietary changes that support improved health and wellbeing.

Hils provides assessment and management for a broad range of health conditions, including:

- Diabetes
- Cardiovascular disease
- Chronic kidney disease
- Weight management
- Gastrointestinal disorders
- Women's and men's health
- Healthy ageing and nutrition
- Chronic disease management

Languages spoken: English, Cantonese and Mandarin

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